

Make the inspirational **PRACTICAL**.



Episode 2 - Filling Empty Shelves - June 8, 2020

Author Calvin Miller says, "After eating the world's bread, we wake each morning to remember: We are still hungry. Seek a better loaf. Eat, and never die. Taste, savor, and be filled forever."

"How different our lives are when we really know what is deeply important to us, and keeping that picture in mind, we manage ourselves each day to be and to do what really matters most."

— Stephen R. Covey



1. Draw a wheel with eight spokes. Label the spokes with what you consider your most essential reserves for living a robust life.
2. Now draw the hub in the center of the wheel and label it "my relationship with God". How does this change the perspective in your drawing?
3. With the hub touching every spoke, how does it change the meaning of each spoke?



4. Take some time this week to intentionally invest in one of your "essential" spokes. It always feels great to live purposefully—to do and appreciate what really matters most.

5. Read chapter 6 of the Gospel of John (about a 10-minute read). You will find so many fascinating conversations and events about physical bread and spiritual bread. Ask as you read: What does this say about God the Father? What does this say about people? About me?