



+DEEP DIVE

Make the inspirational **PRACTICAL**.

Episode 6 - Mountains and Mentors

Everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it. – Andy Rooney

1. Read Numbers 13:26-33 and 14:6-9. Describe the two different reactions to the big task ahead of God's people—the possession of the Promised Land.

2. To be crushed or to conquer? That was the question. What role did faith play in the reactions to what lay ahead?

3. What mountain are you facing? In what ways can Numbers 14:9 be your encouragement?



4. Read 2 Timothy 2:1-2 and name the five generations of mentoring beginning with Barnabas (Acts 9:27).

5. How is Matthew 28:18-20 part of the mentoring process?



6. Tips for finding a mentor.

- ◆ Look for people you know and respect, even if you don't know exactly why you respect them.
- ◆ Look for qualities like the fruit of the Spirit (Galatians 5:22-23) and wisdom from experience.
- ◆ Pray. God's Spirit knows our spirit and will lead us to spiritually-helpful people.
- ◆ Remember: Mentoring is relationship, not just education. Think in terms of give-and-take.
- ◆ Determine your goals in mentoring. Do you want a regular meeting or an ad-hoc advice time?
- ◆ Check out discipling opportunities in church or elsewhere that are already set up to plug into.
- ◆ Approach the person. Don't ask her to mentor you. Ask her the questions you struggling with and see where it goes. If it is profitable, ask if you can get together again and build from there.