

Make the inspirational **PRACTICAL**.



Episode 6 - Mountains and Mentors

Then the disciples came to Jesus in private and asked, "Why couldn't we drive [the demon] out?" Jesus replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you." Matthew 17:19-20

1. What mountain are you facing today?
2. It can crush you or shape you. What can you see yourself learning as you climb the mountain?
3. What role does faith play in overcoming your mountain?
4. In what ways does this statement help you: "The best view comes after the hardest



Heroes are people we don't know personally but we can learn from. Role models are helpful people we know and observe, but we don't ask questions of them. Mentors are role models that we choose to approach and who help us sort out the stuff of life.

5. Name two heroes and two role models in your life. Name something you have learned from each. Write it down.



6. Let's identify anyone you would consider a mentor. Who would you call if you had a question you couldn't answer? Whose sage advice do you find yourself seeking?

7. Tips for finding a mentor.

- ♦ Look for people you know and respect, even if you don't know exactly why you respect them.
- ♦ Pray. God's Spirit knows our spirit and can lead us to helpful people.
- ♦ Remember: Mentoring is about relationship, not education. Think in terms of give-and-take.
- ♦ Determine your goals in mentoring. Do you want a regular meeting or an ad hoc advice time?
- ♦ Check out coaching opportunities in a church or elsewhere that are already set up to plug into.
- ♦ Approach the person. Don't ask her to mentor you. Ask her the questions you struggling with and see where it goes. If it is profitable, ask if you can get together again and build from there.