



Make the inspirational **PRACTICAL**.

Episode 10 - The Ballad of East Broad Street

“We make patterns, we share moments.” – Jenny Downham

“Teach us to number our days that we may get a heart of wisdom.” Psalm 90:12

Jenny Downham wrote a book about a 16-year-old girl Tessa who lived through four years of chemotherapy until she was told her cancer was terminal. Tessa literally was forced to number her days. This is where the quote above comes from.

1. What are some events—sorrowful or joyful—that force us to number our days? Reflect on one of each and articulate one thing you learned. 
2. As I ride my bike I’ve realized that some things turn amazing but only when you’re going slow enough to see. What are some ways you can slow the movie reel down (the unfolding movie of your life) to hear the wisdom what God is saying to you?
3. Numbering our days is an act of reverence where we acknowledge the significance of each day. It’s helpful to look back at recent days and practice seeing the treasure in them. In some quiet time, find some treasure as you review the last week or two. Write down what you find. 
4. Now looking forward, how can we live with wisdom and the kind of productivity that is significant and not just consumable? Jesus tells us a parable and gives a key to significance in Mark Chapter 4:1-20. Find some time this week to digest it.

“Colonel” Harland Sanders was broke at 65 when he began his first Kentucky Fried Chicken. Laura Ingalls Wilder was 65 when her book *Little House* became a children’s hit and later a TV series, *Little House on the Prairie*. Harry Bernstein published his memoirs at the age of 96 and said, “My 90’s were my most productive years.” Let’s seize the day!